



Four Seasons Daycare



Week 1 Menu

8/27/18-8/31/18; 10/22/18- 10/26/18; 12/17/18- 12/21/18; 2/11/19-2/15/19; 4/8/19-4/12/19

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> French Toast Sticks and Milk W E D C S	<i>A.M. Snack</i> Corn Flakes or Nutrigrain Bars and Milk W C D S P	<i>A.M. Snack</i> Bagels with Jelly or butter and Orange Juice W E D	<i>A.M. Snack</i> Fresh Bananas and Milk	<i>A.M. Snack</i> Cheese Toast and Apple Juice W E D
<i>Lunch</i> Chicken Nuggets, French Fries, Apple Slices, Bread and Butter, Milk W E D S	<i>Lunch</i> Chicken and Rice Casserole, Broccoli, Peaches, and Milk W D S	<i>Lunch</i> Beef Ravioli, Green Beans, Pineapples, Milk W E B D S	<i>Lunch</i> Homemade Chicken Noodle Soup, Open Faced Grilled Cheese Sandwich, Mixed Vegetables, Pears and Milk W D S E	<i>Lunch</i> Cheese Pizza, Garden Salad, Fresh Orange Slices, and Milk W E D S
<i>P.M. Snack</i> Pretzels with Cheese and Water W D S P	<i>P.M. Snack</i> Cheese Nips and W D S	<i>P.M. Snack</i> Homemade Banana Bread and Milk W P D S E	<i>P.M. Snack</i> Vanilla Pudding, Vanilla Wafers and Water W D S P	<i>P.M. Snack</i> Oatmeal Pies and Milk W D S P

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 2 Menu

9/3/18-9/7/18; 10/29/18-11/2/18; 12/24/18-12/28/18; 2/18/19-2/22/19; 4/15/19-4/19/19

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> Pancakes and Milk W E D S	<i>A.M. Snack</i> Shredded Wheat or Nutrigrain Bars Milk W C D S P	<i>A.M. Snack</i> Blueberry Muffins, and Milk W E D C S P	<i>A.M. Snack</i> Oatmeal and Milk C	<i>A.M. Snack</i> Scrambled Eggs, Toast, and Orange Juice W E D S
<i>Lunch</i> Turkey Hot Dog with Macaroni and Cheese, Broccoli, Mixed Fruit, Milk W E D S	<i>Lunch</i> Chicken and Cheese Quesadillas on a Wheat Tortilla, Spanish Rice, Peas, Bananas, Milk W E D S	<i>Lunch</i> Spaghetti with Meatsauce, Green Beans, Orange Slices and Milk W E B D S	<i>Lunch</i> Baked Ham, Peas, Pineapple Tidbits, Homemade Cornbread, and Milk W E D P P k	<i>Lunch</i> Fish Sticks, Rice, Mixed Vegetables, Pears, Milk W E D S
<i>P.M. Snack</i> Orange Slices, Saltines and Water W	<i>P.M. Snack</i> Carmel Rice Cakes with Applesauce, and water	<i>P.M. Snack</i> Yogurt, Peaches and Water D	<i>P.M. Snack</i> Chips and Salsa or Graham Crackers and Applesauce, Water W D P	<i>P.M. Snack</i> Assorted Cookies and Milk W E P D S

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 3 Menu

9/10/18-9/14/18; 11/5/18-11/9/18; 12/31/18-1/4/19; 2/25/19-3/1/19; 4/22/19-4/26/19

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Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> Waffles and Milk W E D S	<i>A.M. Snack</i> Bagels with Jelly or Butter and Orange Juice W E D	<i>A.M. Snack</i> Cheerios or Nutrigrain Bars and Milk W C D P S	<i>A.M. Snack</i> Bananas and Milk	<i>A.M. Snack</i> Cinnamon Toast and Apple Juice W E C D
<i>Lunch</i> Chicken Patties on a Bun, French Fries, Orange Slices, Milk W E D S	<i>Lunch</i> Homemade Chicken Pot Pie with Biscuits, Mixed Vegetables, Pears, Milk W E B D S	<i>Lunch</i> Turkey and Cheese Sandwich, Broccoli, Applesauce , Milk W E D S	<i>Lunch</i> Chicken Alfredo over Pasta, Green Beans , Peaches, Milk W E D S	<i>Lunch</i> Cheese Pizza, Garden Salad, Apple Slices Milk W E D S
<i>P.M. Snack</i> Animal Crackers and Milk W D S	<i>P.M. Snack</i> American Cheese with Crackers and Water W D S	<i>P.M. Snack</i> Rice Crispie Treats and Milk W D S	<i>P.M. Snack</i> Pizza Bagels or Pizza Rolls with Mozzarella Cheese and Water W D S E	<i>P.M. Snack</i> Oatmeal Pies, Milk W D S P

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 4 Menu

9/17/18-9/21/18; 11/12/18-11/16/18; 1/7/19-1/11/19; 3/4/19-3/08/19; 4/29/19-5/3/19

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> French Toast and Milk W E D S C	<i>A.M. Snack</i> Corn Flakes or Nutrigrain Bars Milk W C D S P	<i>A.M. Snack</i> Cheese Toast and Milk W E D S	<i>A.M. Snack</i> Oatmeal and Milk C	<i>A.M. Snack</i> Scrambled Eggs, Toast, and Orange Juice W E D S
<i>Lunch</i> Chicken Nuggets, Bread and Butter, French Fries, Mixed Fruit , Milk W E D S	<i>Lunch</i> Turkey with Gravy, Mashed Potatoes, Peaches, Bread and Butter , Milk W E D S	<i>Lunch</i> Baked Ham, Green Beans, Pineapples, Corn Bread and Milk W E D S P k P	<i>Lunch</i> Chili Mac Casserole, Fiesta Corn, Pears, Milk W E B D S	<i>Lunch</i> Fish Sticks, Rice, Broccoli and Fruit Cocktail and Milk W E D S,
<i>P.M. Snack</i> Apple Slices, Yogurt, Water D	<i>P.M. Snack</i> Gold Fish, Mixed Fruit and Water W D P	<i>P.M. Snack</i> Pretzels and Cheese Dip or Fruit Bar, Milk W D S P	<i>P.M. Snack</i> Chips and Salsa or Graham Crackers and Applesauce and Water W E D S	<i>P.M. Snack</i> Trail Mix and Milk W P D

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 5 Menu

9/24/18-9/28/18; 11/19/18-11/23/18; 1/14/19-1/18/19; 3/11/19-3/15/19; 5/6/19-5/10/19

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> Pancakes and Juice Orange W E D S	<i>A.M. Snack</i> Cheerios or Nutrigrain Bars and Milk W C D S P	<i>A.M. Snack</i> Bagels with Jelly or Butter and Milk W E D	<i>A.M. Snack</i> Bananas and Milk	<i>A.M. Snack</i> Apple Spice Muffins and Apple Juice W E C D
<i>Lunch</i> Mini Corn Dogs, Peas, Peaches, Milk W E D S	<i>Lunch</i> Sloppy Joe on a Bun, Mixed Vegetables, Pears Milk W E D S B	<i>Lunch</i> Ravioli, Green Beans, Apple Slices, Milk W E D S	<i>Lunch</i> Chicken and Rice Casserole, Broccoli, Mixed Fruit and Milk W D S	<i>Lunch</i> Cheese Pizza, Garden Salad, Fresh Orange Slices, and Milk W E D S
<i>P.M. Snack</i> Granola Bars and Milk W D S P	<i>P.M. Snack</i> American Cheese with Crackers and Water W D S	<i>P.M. Snack</i> Animal Crackers, Mixed Fruit and Water W D S P	<i>P.M. Snack</i> Carmel Rice Cakes with Applesauce, and water	<i>P.M. Snack</i> Fruit Bars and Milk W E P D S

Allergy Information is provided for each meal. **Code: W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon
B- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 6 Menu

10/1/18-10/5/18; 11/26/18-11/30/18; 1/21/19-1/25/19; 3/18/19-3/22/19; 5/13/19-5/17/19

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> Waffles and 100% Apple Juice W E D S	<i>A.M. Snack</i> Shredded Wheat or Nutrigrain Bars Milk W C D S P	<i>A.M. Snack</i> Banana Muffins and Milk W E D S P	<i>A.M. Snack</i> Oatmeal and Milk C	<i>A.M. Snack</i> Scrambled Eggs, Toast, and Orange Juice W E D S
<i>Lunch</i> Chicken Patties on a Bun, French Fries, Orange Slices, Milk W E D S	<i>Lunch</i> Homemade Chicken Noodle Soup, Opened Face Grilled Cheese Sandwich, Mixed Vegetables, Peaches, Milk W E D S	<i>Lunch</i> Turkey Hot Dogs with Bun, Peas, Pears, Milk W E D S	<i>Lunch</i> Beef Ravioli, Green Beans, Mixed Fruit, Milk W E B D S	<i>Lunch</i> Fish Sticks, Rice, Broccoli, Applesauce, Milk W E D S
<i>P.M. Snack</i> Animal Crackers and Milk W D P S	<i>P.M. Snack</i> Rice Crispie Treats and Milk W D S	<i>P.M. Snack</i> String Cheese and Ritz Crackers and Water W D S P	<i>P.M. Snack</i> Orange Slices, Saltines and Water	<i>P.M. Snack</i> Trail Mix and Milk W E P D S

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 7 Menu

10/08/18-10/12/18; 12/3/18-12/7/18; 1/28/19-2/1/19; 3/25/19-3/29/19; 5/20/19-5/24/19

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> French Toast Sticks and Milk W E D C S	<i>A.M. Snack</i> Corn Flakes or Nutrigrain Bars and Milk W C D S P	<i>A.M. Snack</i> Bagels with Jelly or Butter and Milk W E D	<i>A.M. Snack</i> Bananas and Milk	<i>A.M. Snack</i> Cinnamon Toast and Orange Juice W E C D
<i>Lunch</i> Chicken Nuggets, Bread and Butter, French Fries, Mixed Fruit, Milk W E D S	<i>Lunch</i> Hamburger on a Bun, Mixed Vegetables, Orange Slices, Milk W B D S	<i>Lunch</i> Spaghetti with Meat Sauce, Peas, Pears, Milk W E B D S	<i>Lunch</i> Chicken and Rice Casserole, Broccoli, Pineapples, Milk D S	<i>Lunch</i> Cheese Pizza, Fresh Garden Salad, Apple Slices, Milk W E D S
<i>P.M. Snack</i> Gold Fish Crackers and Milk W D P	<i>P.M. Snack</i> Wheat Crackers with Cheddar Cheese, and Apple Juice W P D S	<i>P.M. Snack</i> Oatmeal Pies and Milk W D S P	<i>P.M. Snack</i> Granola Bars and Milk W D S P	<i>P.M. Snack</i> Assorted Cookies and Milk W P D

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 8 Menu

10/15/18-10/19/18; 12/10/18-12/14/18; 2/4/19-2/08/19; 4/1/19-4/5/19; 5/27/19-5/31/19

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> Pancakes and Orange Juice W E D S	<i>A.M. Snack</i> Fruit Loops or Nutrigrain Bars Milk W C D S P	<i>A.M. Snack</i> Apple Spice Muffins, and Milk W E D S P	<i>A.M. Snack</i> Oatmeal and Milk C	<i>A.M. Snack</i> Scrambled Eggs, Toast, and Orange Juice W E D S
<i>Lunch</i> Grilled Cheese, Mixed Vegetables, Peaches, Milk W E D S	<i>Lunch</i> Turkey with Gravy, Bread and Butter, Mashed Potatoes, Mixed Fruit, Milk W E D S	<i>Lunch</i> Cheesy Beef Casserole, Peas, Apple Slices and Milk W E D B S	<i>Lunch</i> Turkey Hot Dog on a Bun, Corn, Pears, Milk W D S	<i>Lunch</i> Fish Sticks, Rice, Broccoli, Applesauce, Milk W E D S
<i>P.M. Snack</i> Apple Slices, Yogurt, Water D	<i>P.M. Snack</i> String Cheese and Ritz Crackers and Water W D S P	<i>P.M. Snack</i> Trail Mix and Water W P D	<i>P.M. Snack</i> Rice Crispie Treats and Milk W D S	<i>P.M. Snack</i> Assorted Cookies and Milk W E P D S

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy

Allergy Information is provided for each meal. **Code: W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon
B- Beef **Pk**- Pork **S**-Soy