



Four Seasons Daycare



Week 1 Menu

8/28/17-9/1/17; 10/23/17- 10/27/17; 12/18/17- 12/22/17; 2/12/18-2/16/18; 4/9/18-4/13/18

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> French Toast Sticks and Milk WEDCS	<i>A.M. Snack</i> Corn Flakes or Nutrigrain Bars and Milk WCDSP	<i>A.M. Snack</i> Bagels with Jelly or butter and Orange Juice WED	<i>A.M. Snack</i> Fresh Bananas and Milk WEDC	<i>A.M. Snack</i> Cinnamon Toast and Apple Juice WEDC
<i>Lunch</i> Chicken Nuggets, French Fries, Apple Slices, Bread and Butter, Milk WEDS	<i>Lunch</i> Chicken and Rice Casserole, Broccoli, Peaches, and Milk WDS	<i>Lunch</i> Beef Ravioli, Green Beans, Pineapples, Milk WEBDS	<i>Lunch</i> Homemade Chicken Noodle Soup, Open Faced Grilled Cheese Sandwich, Mixed Vegetables, Pears and Milk WDSE	<i>Lunch</i> Cheese Pizza, Garden Salad, Fresh Orange Slices, and Milk WEDS
<i>P.M. Snack</i> Pretzels with Cheese and Water WDSP	<i>P.M. Snack</i> Cheese Nips, Fruit Smoothie and Water WDS	<i>P.M. Snack</i> Homemade Banana Bread and Milk WPDSE	<i>P.M. Snack</i> Vanilla Pudding, Vanilla Wafers and Water WDSP	<i>P.M. Snack</i> Oatmeal Pies and Milk WDSP

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 2 Menu

9/4/17-9/8/17; 10/30/17-11/3/17; 12/25/17-12/29/17; 2/19/18-2/23/18; 4/16/18-4/20/18

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> Pancakes and Milk W E D S	<i>A.M. Snack</i> Shredded Wheat or Nutrigrain Bars Milk W C D S P	<i>A.M. Snack</i> Blueberry Muffins, and Milk W E D C S P	<i>A.M. Snack</i> Oatmeal and Milk C	<i>A.M. Snack</i> Scrambled Eggs, Toast, and Orange Juice W E D S
<i>Lunch</i> Chicken and Cheese Quesadillas on a Wheat Tortilla, Spanish Rice, Peas, Bananas, Milk W E D S	<i>Lunch</i> Turkey Hot Dog on a Bun, Corn, Mixed Fruit, Milk W E D S	<i>Lunch</i> Spaghetti with Meatsauce, Green Beans, Orange Slices and Milk W E B D S	<i>Lunch</i> Baked Ham, Peas, Pineapple Tidbits, Homemade Cornbread, and Milk W E D P P k	<i>Lunch</i> Fish Sticks, Rice, Broccoli, Pears, Milk W E D S
<i>P.M. Snack</i> Orange Slices, Saltines and Water	<i>P.M. Snack</i> Carmel Rice Cakes with Applesauce, and water	<i>P.M. Snack</i> Yogurt, Peaches and Water D	<i>P.M. Snack</i> Chips and Salsa or Graham Crackers and Applesauce, Water W D P	<i>P.M. Snack</i> Assorted Cookies and Milk W E P D S

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 3 Menu

9/11/17-9/15/17; 11/6/17-11/10/17; 1/1/18-1/5/18; 2/26/18-3/2/18; 4/23/18-4/27/18

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Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> Waffles and Milk W E D S	<i>A.M. Snack</i> Bagels with Jelly or Butter and Orange Juice W E D	<i>A.M. Snack</i> Cheerios or Nutrigrain Bars and Milk W C D P S	<i>A.M. Snack</i> Bananas and Milk	<i>A.M. Snack</i> Cinnamon Toast and Apple Juice W E C D
<i>Lunch</i> Chicken Patties on a Bun, French Fries, Orange Slices, Milk W E D S	<i>Lunch</i> Homemade Chicken Pot Pie with Biscuits, Mixed Vegetables, Pears, Milk W E B D S	<i>Lunch</i> Turkey and Cheese Sandwich, Broccoli, Applesauce , Milk W E D S	<i>Lunch</i> Chicken Alfredo over Pasta, Green Beans , Peaches, Milk W E D S	<i>Lunch</i> Max Sticks with Marinara Sauce, Garden Salad, Apple Slices Milk W E D S
<i>P.M. Snack</i> Animal Crackers and Milk W D S	<i>P.M. Snack</i> Rice Crispie Treats and Milk W D S	<i>P.M. Snack</i> Pizza Bagels or Pizza Rolls with Mozzarella Cheese and Water W D S E	<i>P.M. Snack</i> American Cheese with Crackers and Water W D S	<i>P.M. Snack</i> Oatmeal Pies, Milk W D S P

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 4 Menu

9/18/17-9/22/17; 11/13/17-11/17/17; 1/8/18-1/12/18; 3/5/18-3/09/18; 4/30/18-5/4/18

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> French Toast and Milk W E D S C	<i>A.M. Snack</i> Corn Flakes or Nutrigrain Bars Milk W C D S P	<i>A.M. Snack</i> Scrambled Eggs, Toast, and Orange Juice W E D S	<i>A.M. Snack</i> Oatmeal and Milk C	<i>A.M. Snack</i> Apple Spice Muffins and Milk W E D C S P
<i>Lunch</i> Chicken Nuggets, Bread and Butter, French Fries, Mixed Fruit , Milk W E D S	<i>Lunch</i> Turkey with Gravy, Mashed Potatoes, Peaches, Bread and Butter , Milk W E D S	<i>Lunch</i> Baked Ham, Green Beans, Pineapples, Corn Bread and Milk W E D S P k P	<i>Lunch</i> Chili Mac Casserole, Fiesta Corn, Pears, Milk W E B D S	<i>Lunch</i> Fish Sticks, Rice, Broccoli and Fruit Cocktail and Milk W E D S,
<i>P.M. Snack</i> Apple Slices, Yogurt, Water D	<i>P.M. Snack</i> Gold Fish, Mixed Fruit and Water W D P	<i>P.M. Snack</i> Pretzels and Cheese Dip or Fruit Bar, Milk W D S P	<i>P.M. Snack</i> Chips and Salsa or Graham Crackers and Applesauce and Water W E D S	<i>P.M. Snack</i> Assorted Cookies and Milk W E P D S

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 5 Menu

9/25/17-9/29/17; 11/20/17-11/24/17; 1/15/18-1/19/18; 3/12/18-3/16/18; 5/7/18-5/11/18

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> Pancakes and Juice Orange W E D S	<i>A.M. Snack</i> Cheerios or Nutrigrain Bars and Milk W C D S P	<i>A.M. Snack</i> Bagels with Jelly or Butter and Milk W E D	<i>A.M. Snack</i> Bananas and Milk	<i>A.M. Snack</i> Cinnamon Toast and Apple Juice W E C D
<i>Lunch</i> Mini Corn Dogs, Peas, Peaches, Milk W E D S	<i>Lunch</i> Sloppy Joe on a Bun, Mixed Vegetables, Pears Milk W E D S B	<i>Lunch</i> Ravioli, Green Beans, Apple Slices, Milk W E D S	<i>Lunch</i> Chicken and Rice Casserole, Broccoli, Mixed Fruit and Milk W D S	<i>Lunch</i> Cheese Pizza, Garden Salad, Fresh Orange Slices, and Milk W E D S
<i>P.M. Snack</i> Granola Bars and Milk W D S P	<i>P.M. Snack</i> American Cheese with Crackers and Water W D S	<i>P.M. Snack</i> Animal Crackers, Mixed Fruit and Water W D S P	<i>P.M. Snack</i> Carmel Rice Cakes with Applesauce, and water	<i>P.M. Snack</i> Fruit Bars and Milk W P D

Allergy Information is provided for each meal. Code: W – Wheat E – Egg D – Dairy P – Peanut C – Cinnamon B- Beef Pk- Pork S-Soy



Four Seasons Daycare



Week 6 Menu

10/2/17-10/6/17; 11/27/17-12/1/17; 1/22/18-1/26/18; 3/19/18-3/23/18; 5/14/18-5/18/18

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> Waffles and 100% Apple Juice W E D S	<i>A.M. Snack</i> Shredded Wheat or Nutrigrain Bars Milk W C D S P	<i>A.M. Snack</i> Banana Muffins and Milk W E D S P	<i>A.M. Snack</i> Oatmeal and Milk C	<i>A.M. Snack</i> Scrambled Eggs, Toast, and Orange Juice W E D S
<i>Lunch</i> Chicken Patties on a Bun, French Fries, Orange Slices, Milk W E D S	<i>Lunch</i> Homemade Chicken Noodle Soup, Opened Face Grilled Cheese Sandwich, Mixed Vegetables, Peaches, Milk W E D S	<i>Lunch</i> Turkey Hot Dogs with Macaroni and Cheese, Peas, Pears, Milk W E D S	<i>Lunch</i> Beef Ravioli, Peas, Mixed Fruit, Milk W E B D S	<i>Lunch</i> Fish Sticks, Rice, Broccoli, Applesauce, Milk W E D S
<i>P.M. Snack</i> Animal Crackers and Milk W D P S	<i>P.M. Snack</i> Rice Crispie Treats and Milk W D S	<i>P.M. Snack</i> String Cheese and Ritz Crackers and Water W D S P	<i>P.M. Snack</i> Orange Slices, Saltines and Water 	<i>P.M. Snack</i> Assorted Cookies and Milk W E P D S

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy



Four Seasons Daycare



Week 7 Menu

10/09/17-10/13/17; 12/4/17-12/8/17; 1/29/18-2/2/18; 3/26/18-3/30/18; 5/21/18-5/25/18

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> French Toast Sticks and Milk W E D C S	<i>A.M. Snack</i> Corn Flakes or Nutrigrain Bars and Milk W C D S P	<i>A.M. Snack</i> Bagels with Jelly or Butter and Apple Juice W E D	<i>A.M. Snack</i> Bananas and Milk	<i>A.M. Snack</i> Cinnamon Toast and Orange Juice W E C D
<i>Lunch</i> Chicken Nuggets, Bread and Butter, French Fries, Mixed Fruit, Milk W E D S	<i>Lunch</i> Hamburger on a Bun, Mixed Vegetables, Orange Slices, Milk W B D S	<i>Lunch</i> Spaghetti with Meat Sauce, Peas, Pears, Milk W E B D S	<i>Lunch</i> Chicken and Rice Casserole, Broccoli, Pineapples, Milk D S	<i>Lunch</i> Max Sticks with Marinara Sauce, Fresh Garden Salad, Apple Slices, Milk W E D S
<i>P.M. Snack</i> Gold Fish Crackers and Milk W D P	<i>P.M. Snack</i> Wheat Crackers with Cheddar Cheese, and Fruit Smoothie W P D S	<i>P.M. Snack</i> Oatmeal Pies and Milk W D S P	<i>P.M. Snack</i> Granola Bars and Milk W D S P	<i>P.M. Snack</i> Fruit Bars and Milk W P D

Allergy Information is provided for each meal. Code: W – Wheat E – Egg D – Dairy P – Peanut C – Cinnamon B- Beef Pk- Pork S-Soy



Four Seasons Daycare



Week 8 Menu

10/16/17-10/20/17; 12/11/17-12/15/17; 2/5/18-2/09/18; 4/2/18-4/6/18; 5/28/18-6/1/18

Monday	Tuesday	Wednesday	Thursday	Friday
<i>A.M. Snack</i> Pancakes and Orange Juice W E D S	<i>A.M. Snack</i> Fruit Loops or Nutrigrain Bars Milk W C D S P	<i>A.M. Snack</i> Apple Spice Muffins, and Milk W E D S P	<i>A.M. Snack</i> Oatmeal and Milk C	<i>A.M. Snack</i> Scrambled Eggs, Toast, and Orange Juice W E D S
<i>Lunch</i> Grilled Cheese, Mixed Vegetables, Peaches, Milk W E D S	<i>Lunch</i> Turkey with Gravy, Bread and Butter, Mashed Potatoes, Mixed Fruit, Milk W E D S	<i>Lunch</i> Cheesy Beef Casserole, Peas, Apple Slices and Milk W E D B S	<i>Lunch</i> Turkey Hot Dog on a Bun, Corn, Pears, Milk W D S	<i>Lunch</i> Fish Sticks, Rice, Broccoli, Applesauce, Milk W E D S
<i>P.M. Snack</i> Apple Slices, Yogurt, Water D	<i>P.M. Snack</i> String Cheese and Ritz Crackers and Water W D S P	<i>P.M. Snack</i> Trail Mix and Water W P D	<i>P.M. Snack</i> Rice Crispie Treats and Milk W D S	<i>P.M. Snack</i> Assorted Cookies and Milk W E P D S

Allergy Information is provided for each meal. Code: **W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon **B**- Beef **Pk**- Pork **S**-Soy

Allergy Information is provided for each meal. **Code: W** – Wheat **E** – Egg **D** – Dairy **P** – Peanut **C** – Cinnamon
B- Beef **Pk**- Pork **S**-Soy